# Fix It Forward

A Workshop Series on Repairing and Reusing



## The Art of Sashiko

Discover Sashiko, a traditional Japanese stitching technique for repairing and reinforcing fabric, and try it yourself.

The workshop will be led by Mariko Sugimori of Mona & Zoe Mending.

**Registration is required. Please visit gnbrrmdistrict.org to sign up.**

You are welcome to bring a clothing item you would like to work on..

| Date: | Time: | Location: |
|---|---|---|
| October 3rd | 2:00–4:30 PM | Wilks Library<br>1911 Acushnet Ave. |



### About the Instructor

Mariko Sugimori of Mona & Zoe Mending explores visible repair through kintsugi and textile mending, drawing from her experience repairing items for friends and neighbors.

She is passionate about making mending a meaningful and accessible practice, both in her own life and within the broader community.

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NEW BEDFORD ECONOMIC DEVELOPMENT COUNCIL

*Program partners:*
*Greater New Bedford Regional Refuse Management District*
*New Bedford Free Public Library*
*and the City of New Bedford Community Services*

For more information:
- Scan the QR code
- Call (508) 979-1493
- Text (774) 503-0254